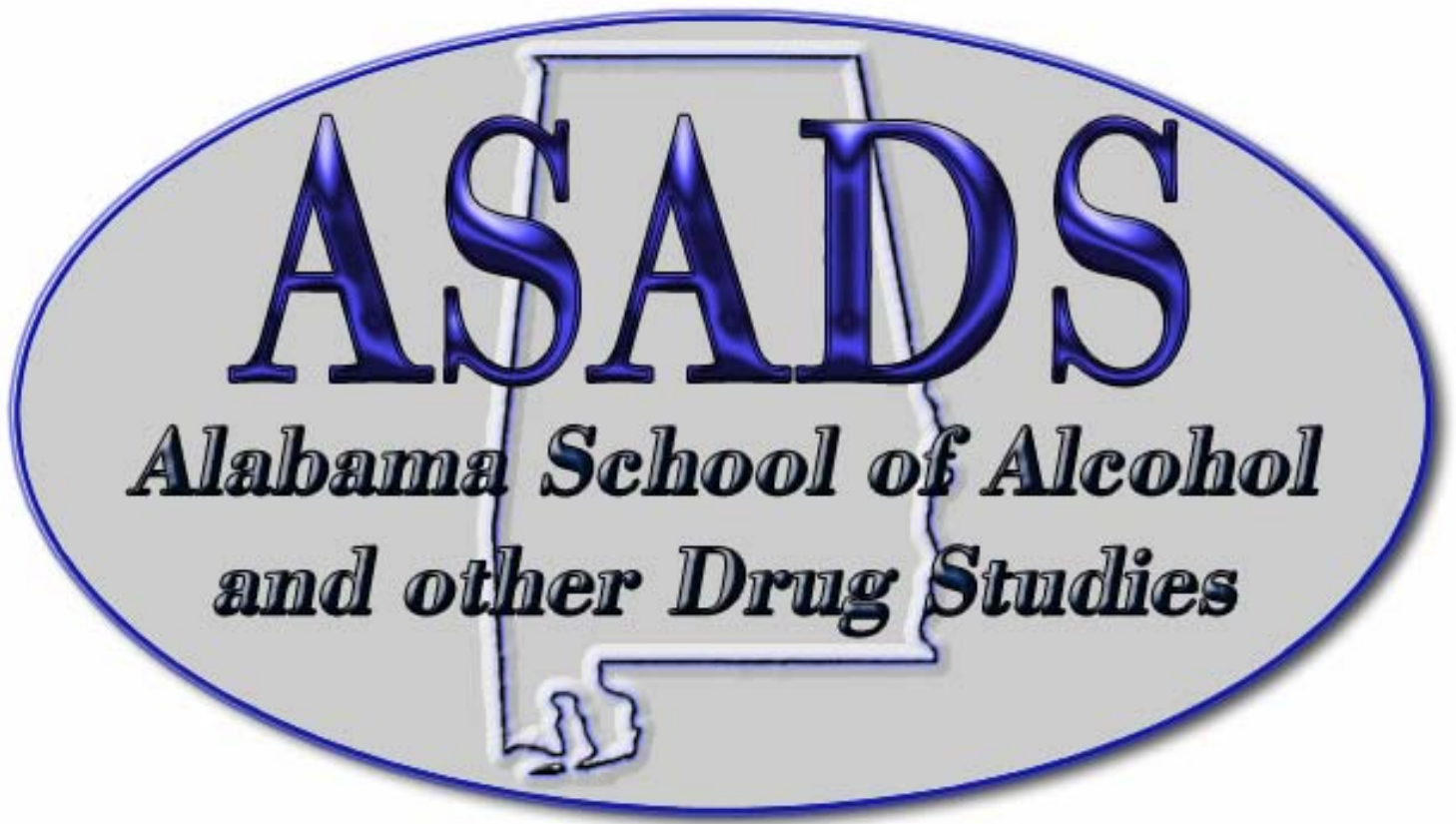


34th ANNUAL



March 24–27, 2009

**Bryant Conference Center
Tuscaloosa, Alabama**

A conference for professionals involved in the enforcement, prevention, identification, assessment, treatment and rehabilitation of chemical abuse and dependency.

ABOUT THE PROGRAM

Each year in the spirit of public service, a committee of addictions specialists, educators and others from related fields spend 12 months planning the Alabama School of Alcohol and Other Drug Studies. **ASADS 2009** promises to provide a quality educational experience that will enhance both professional growth and job performance.

What's New? As we travel *life's highway*, we find out what works and what does not.

2009 ASADS has been condensed into an action packed four day event.

- More continuing education hours offered in less time
- Lunch provided to increase available training hours
- Breaks provided to reduce individual expense
- Alabama's Funniest Lady to present during the opening session
- A special Wednesday evening event at no additional cost
- New, additional courses and presenters
- Accepting nomination for the Carl Nowell Award

Travel with us down life's highway!



Prevention. Treatment. Recovery.

WHO SHOULD ATTEND

The Alabama School of Alcohol and Other Drug Studies is designed to meet the continuing educational needs of professionals involved in the enforcement, prevention, identification, assessment, treatment and rehabilitation of chemical dependency, including:

Certified Addiction Professionals
Child Protective Staff
Clergy
Correctional Personnel
Court Referral Officers
DUI Program Staff
EAP Managers
Educators
Human Resource Professionals

Law Enforcement Professionals
Licensed Professional Counselors
Nurses
Physicians
Prevention Specialists
Probation/Parole Officers
Psychologists
Rehabilitation Specialists
School Counselors

School System Drug Education Coordinators
Social Workers
Substance Abuse Treatment Staff
Trauma Counselors
Volunteers
Court Referral Education Staff
Community Corrections Professionals

Whether you are new to the chemical addictions field or an experienced professional, represent a public or private organization, or work in other related areas, you will benefit personally and professionally from this major educational event.

ASADS BOARD OF DIRECTORS

Tom Mihokanich, **President**, WTM & Associates
Maxine Wheeler, **Vice President**, Alabama Department of Transportation
Shona B. Johnson, **Secretary**, Alabama Department of Corrections
Sheldon Rosenzweig, **Treasurer**, Bradford Health Services
Marcia Calender, **Parliamentarian**, Alabama Department of Youth Services
Diane Beeson, Alabama Department of Public Health
Bill Feely, Member at Large
Emily Kelly, Alabama Coalition Against Domestic Violence
Stephen W. Kiser, Walker Recovery Center
Joan Leary, SCATTC
John Mullins, PittDotSap LLC, and Challenge Inc
Kristen Pettey, Veterans Administration of Tuscaloosa
Penny Reynolds, Administrative Office of Courts
Kathy R. Seifried, Alabama Department of Mental Health and Mental Retardation

Sharleen Smith, Alabama Training Institute, Auburn
University Montgomery
Sharon Ziglar, Alabama Board of Pardons and Paroles

ADVISORY BOARD

Carl Nowell, **Chairman**, Alabama Department of Rehabilitation Services
Jane Elizabeth Burdeshaw, Alabama Department of Rehabilitation Services
Kent Hunt, Alabama Department of Mental Health and Mental Retardation, Substance Abuse Services Division
Jeanne Marie Leslie, Alabama Bar Association, Lawyers Helping Lawyers
Marty Ramsey, Administrative Office of Courts

GENERAL INFORMATION

TUITION

Deadline for tuition is **FEBRUARY 22, 2009**. Registrations will be accepted until the first day of the conference; however **registrations post marked or faxed after February 22, 2009, must include an additional \$50.00 late fee.**

Note: Pay close attention not to sign up for courses that will overlap.

Tuition: Prior to February 22, 2009

4 DAY ATTENDANCE FEE	\$320.00
3 DAY ATTENDANCE FEE	\$240.00
2 DAY ATTENDANCE FEE	\$160.00
1 DAY ATTENDANCE FEE	\$80.00

Participants may register by mailing the enclosed registration form to ASADS, P.O. Box 19154, Birmingham, AL 35215, or fax to (205) 221-1802 with a purchase order or voucher.

Every effort will be made to ensure participants are enrolled in their first choice, however, enrollment is limited and reservations are made on a first-come, first-served basis. ASADS reserves the right to cancel any course for which minimum enrollment is not reached. If a course is cancelled and a transfer is not possible, a full refund of the tuition fee will be made.

ON-SITE REGISTRATION INFORMATION

Registration will be held in the lobby of the Bryant Conference Center. (See **Week at a Glance Schedule** for registration opportunities).

CANCELLATIONS AND REFUNDS

Cancellations received after **February 22, 2009** are subject to a 25% cancellation fee. No refunds are made after the program has begun. Participant substitutions are welcome.

ASADS reserves the right to cancel, postpone or combine class sections; to limit registration and to change instructors.

CONTINUING EDUCATION UNITS

The continuing education unit (CEU) represents contact hours in an approved continuing education program. Participants can earn up to 26 hours of CEUs as follows:

- Tuesday General Session – 1 hour
- Four day course (Tuesday –Friday) – 25 hours
- Two day courses (Tuesday/Wednesday or Thursday/Friday) – two day course up to 12.5 hours
- One day course (Tuesday or Friday) – earn up to 5.5 hours
- One day course (Wednesday or Thursday) – earn up to 7 hours

Participants attending the program, as documented by daily attendance, will have a certificate given to them upon completion of the School.

APPROVAL BY PROFESSIONAL ASSOCIATIONS

The School has been designed to meet the requirements for professional development contact hours by the following organizations:

- Alabama Alcohol and Drug Abuse Association (AADAA)
- Alabama Alcoholism and Drug Counselor Certification Board
- Alabama State Board of Social Work Examiners
- National Board of Certified Counselors (Provider #5581)
- Marriage and Family Therapists
- Alabama Board of Nursing –

PARTICIPANTS MUST BRING THEIR NURSING CARD TO BE SWIPE THROUGH THE ELECTRONIC SCANNER ONSITE.

LODGING

HOST HOTEL: Special arrangements have been made with the Hotel Capstone, which is also the conference site, for conference participants at a special rate of \$96.00 for single, or double, plus tax. The hotel is located at 320 Bryant Drive, Tuscaloosa, Alabama 35401. Phone: (205) 752-3200 or 1-888-672-7070. Please indicate you are attending the ASADS Conference when making your reservation. **This special room block and rate is reserved until February 22, 2009. The hotel reserves the right to discontinue the special rate after that date. You must bring your confirmation letter indicating you are registered for this conference when you check in at the hotel in order to receive this special rate. One night's deposit is required when making your reservation.**

ADDITIONAL HOTELS: Additional rooms are available close to the Bryant Conference Center. Please refer to the following:

<u>Best Western Park Plaza</u> 3801 McFarland Blvd. Tuscaloosa, Alabama (205) 556-9690	<u>Hampton Inn</u> 600 Harper Lee Dr. Tuscaloosa, Alabama (205) 553-9800
--	--

<u>Comfort Inn</u> 4501 McFarland Blvd., E. Tuscaloosa, Alabama (205) 345-1434	<u>Fairfield Inn</u> 4101 Courtney Dr. Tuscaloosa, Alabama (205) 366-0900
--	---

Holiday Inn Express & Suites
1120 Veterans Memorial Pkwy
Tuscaloosa, Alabama
1-877-863-4780

LOCATION

ASADS 2009 will be held in the Bryant Conference Center, 240 Paul W. Bryant Drive, on the campus of the University of Alabama, Tuscaloosa.

FOOD AND REFRESHMENTS

Beverages and light snacks will be offered during break times. ASADS will provide lunch on Tuesday – Friday.

ADDITIONAL INFORMATION

For additional information, contact ASADS by phone at (205) 221-5644 or; Kathy Seifried at (334) 242-3967 or kathy.seifried@mh.alabama.gov

VISIT OUR WEB SITE

Additional copies of the conference brochure may be downloaded at www.alabamaschool.org

SPECIAL NEEDS

In accordance with the Americans with Disabilities Act, please make known any accommodations, concerns, or needs so that we may provide assistance. See registration form.

WEEK AT A GLANCE

March 23 Monday	March 24 Tuesday	March 25 Wednesday	March 26 Thursday	March 27 Friday
	7:30 - 9:00AM REGISTRATION	7:30 - 8:30AM REGISTRATION	7:30 - 8:30AM REGISTRATION	7:30 - 8:30AM REGISTRATION
	9:00 – 10:00AM GENERAL SESSION THE SEVEN L'S OF LEADERSHIP AND LEARNING	8:30 – 10:15AM WORKSHOPS	8:30 – 10:15AM WORKSHOPS	8:30 – 10:15AM WORKSHOPS
	10:15AM – 12:00PM WORKSHOPS	10:15 -10:30AM BREAK	10:15 -10:30AM BREAK	10:15 -10:30AM BREAK
	12:00PM – 1:00PM LUNCH	10:30AM –12:00PM WORKSHOPS	10:30AM -12:00PM WORKSHOPS	10:30AM -12:00PM WORKSHOPS
	1:00 - 2:45PM WORKSHOPS	12:00PM – 1:00PM LUNCH	12:00PM – 1:00PM LUNCH	12:00PM – 1:00PM LUNCH
	2:45PM – 3:00PM BREAK	1:00 - 2:45PM WORKSHOPS	1:00 - 2:45PM WORKSHOPS	1:00 – 3:00PM WORKSHOPS
4:00 - 6:00PM REGISTRATION	3:00 – 5:00PM WORKSHOPS	2:45PM – 3:00PM BREAK	2:45PM – 3:00PM BREAK	Certificates will be given out at the end of the school.
5:30 – 6:30PM Self-Help Meeting	5:30 – 6:30PM Self-Help Meeting	3:00 – 5:00PM WORKSHOPS	3:00 – 5:00PM WORKSHOPS	
		5:30PM –Until BARBECUE AND MUSIC WITH SPECIAL GUEST “SIMPLE INTEREST”	5:30 – 6:30PM Self-Help Meeting	

Self Help Meetings offered on Monday, Tuesday, and Thursday evenings.
A list of locations will be available in the participant's package.

COURSES AT A GLANCE

ONE DAY COURSES

Note: Pay close attention not to sign up for courses that will overlap.

Tuesday Only

- T1** – Accidental Addiction: A Look at Pain Pill Addiction and Suboxone Therapy
- T2** – Disruptive Audience Management for the Prevention Professional
- T3** – The Ethics of Clinical Supervision

Wednesday Only

- W1** – A Recovery Revolution: How To Develop A Recovery-Oriented System of Care
- W2** – Wellness of the Professional
- W3** – LifeSkills Training Curriculum Overview

Thursday Only

- TH1** – How to Handle Difficult People: Working With People May be Difficult – Not Impossible!
- TH2** – Breaking the Cycle of Addiction
- TH3** – A Recovery Revolution: How To Develop A Recovery-Oriented System of Care
- TH4** – Preparing for the Substance Abuse Prevention Certification Exam

Friday Only

- F1** – How to Handle Difficult People: Working With People May be Difficult – Not Impossible!
- F2** – Illicit Drugs 101
- F3** – Prevention Ethics
- F4** – Alabama Prisoner Re-entry Programs

TWO DAY COURSES

Tuesday and Wednesday

- TW1** – The Troubled Employee
- TW2** – Trauma in Addiction/Survivors
- TW3** – Motivational Enhancement
Cognitive Behavioral Therapy:
An Effective Adolescent
Treatment Approach
- TW4** – Alabama's Drug Courts:
Partnering Advocacy and
Accountability
- TW5** – Clinical Competencies: The "Nuts and Bolts"
- TW6** – Anger and Addiction: Double
Trouble in Relapse Prevention
- TW7** – Psychology, Spirituality and True Happiness
- TW8** – An Overview of the Current Substance Abuse
Service Standards 2009
- TW9** - Social and Multicultural Diversity Awareness in
Special Population of Substance Abuse

OR

Thursday and Friday

- TF1** – Issues in Supervision: New Domains, New
Expectations and Ethical Challenges
- TF2** – Double Trouble: HIV and SA Connection
- TF3** – Suicide Prevention
- TF4** – What Works in Teaching Addiction as a Brain
Disease: Snap, Crackle and Pop...!
- TF5** – Embracing a New Medication Option –
Counseling Meets Neuroscience
- TF6** – Understanding and Utilizing the ASAM
Placement Criteria in the Treatment Setting
- TF7** – Addressing Co-Occurring Issues of Domestic
Violence and Substance Abuse in Victims
- TF8** -Bailing Out Made Good: Motivational
Interviewing

FOUR DAY COURSES

- TWTF1** – Advanced Primer on Addiction Pharmacy: What Behavioral Health Practitioners Need To Know
- TWTF2** – Group Techniques that Really Work

GENERAL SESSION

Tuesday from 9:00a.m. until 10:00a.m. in the Sellers Auditorium.
CEU's will be offered for these sessions.

To say **Jenny Nolen** is contagious is an understatement. She is enthusiasm personified! As a very unconventional Presenter, Jenny will go to any lengths to make sure her audience is relaxed, has fun, and is ready to learn and retain! Known as **Alabama's FUNNIEST LADY**, Jenny Nolen has been in the National Spotlight as an Entertainer, Speaker, and Trainer for well over a quarter of a century. Join in as Jenny helps us create a new vision for Leadership.

THE SEVEN L'S OF LEADERSHIP AND LEARNING:

In order to be an effective leader you must master a certain skill set, most importantly the ability to laugh at yourself even in adversity. Peppered with personal life stories, she will guide you through a self assessment of your leadership skills and bring you back to a place of re-commitment. What are those seven lessons in Leadership and Living?

LOOK...LISTEN...LEARN...LAUGH...LEAN...LET-GO...LOVE!!!!

- **LOOK:** Break away from the dullness of AUTO-PILOT Living. Learn how to focus on the present and re-energize your hopes, dreams, and desires.
- **LISTEN:** Become an engaged listener. Hear other people's desires, hopes and dreams.
- **LEARN:** Revisit the joy of doing new things, taking challenges, accomplishing those things long set aside.
- **LAUGH:** Having humor in your life is your single greatest asset. The ability to laugh, particularly at yourself, will keep you young, happy and healthy.
- **LEAN:** Re-evaluate the importance of delegation. It is far more effective to work as a Team, than to be an individual hero.
- **LET-GO:** The best way to let go of a negative situation is to quit visiting it over and over again. It is not only un-productive, it robs you of your present moment, joy, and energy.
- **LOVE:** As the song goes...it's what the world needs now! We will close this session with words of encouragement, and hope they will ignite you to start anew on your own personal mission.



COURSES AT A GLANCE

Participants must select a first, second, and third choice for all courses they want to take. When a course reaches capacity it will be closed. **Note: Pay close attention not to sign up for courses that will overlap.**

ONE DAY COURSES:

Offered on Tuesday only.

T1 ACCIDENTAL ADDICTION: A LOOK AT PAIN PILL ADDICTION AND SUBOXONE THERAPY.

Cindy Hatcher Warren, MS, MLAP, Warren Counseling Services, Inc. Daphne, AL.

Target Audience: Professionals who work with or need to understand pain pill addiction, Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: Pain pill dependence is considered a brain disease. Overcoming pain pill dependence is not as simple as eliminating the substance of abuse from the client's system. SUBOXONE therapy provides a way to treat pain pill addiction with benefits of efficacy, privacy, confidence, control, freedom and flexibility.

Objectives: Participants will:

- Develop an understanding of pain pill dependence.
- Learn how SUBOXONE works.
- Understand withdrawals.
- Understand induction and dosing of SUBOXONE.
- Be able to tie SUBOXONE therapy with counseling using a medical model.
- Understand how to find a SUBOXONE certified physician and other resources.

T2

DISRUPTIVE AUDIENCE MANAGEMENT FOR THE PREVENTION PROFESSIONAL

Debi Trumbull, MA, APS, Prevention Director, Mental Health Center of Madison County

Target Audience: Prevention Professionals, Educators, Law Enforcement Officials, Community Coalition Leaders and others who are responsible for the planning and delivery of substance abuse prevention programs and strategies.

Description: Working with groups of high-risk/at-risk children, youth and adults is challenging. Often times the behavior of the group or individuals within the group directly impacts the success we as professionals have with meeting program objectives and obtaining desired outcomes. This class will provide you with some of the basic skills and knowledge needed to succeed.

Objectives: Participants will:

- Establish effective ground rules for use in your groups.
- Understand the different learning styles and how they affect not only your teaching style, but also student learning and behavior.
- Identify the characteristics of an effective trainer.
- Learn how to deal with specific problem behaviors.

SPONSORED BY MENTAL HEALTH CENTER OF MADISON COUNTY

T3 THE ETHICS OF CLINICAL SUPERVISION

Diane Sherman, PhD, NCAC-11

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: Addiction professionals are faced with diverse ethical challenges that can threaten the professional integrity of both supervisors and supervisees. Issues in this training will include readiness to be a clinical supervisor, professional development, and legal and ethical concerns. Students will receive relevant information pertaining to this clinical relationship.

Objectives: Participants will:

- Define ethics and discuss the need for ethical standards.
- Identify ethical issues related to clinical supervision.
- Review and use a standard decision making process to address ethical concerns.
- Identify two competency domains related to high quality professional practice.

Offered Wednesday only.

Note: Pay close attention not to sign up for courses that will overlap.

W1 A RECOVERY REVOLUTION: HOW TO DEVELOP A RECOVERY-ORIENTED SYSTEM OF CARE

Mark Sanders, LCSW, CADC

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: This workshop focuses on helping clients achieve long-term recovery by shifting from an acute-care model to a recovery-oriented system of care. Other topics include: 3 phases of recovery management; strategies for improving retention and decreasing drop-out rates; helping clients develop recovery capital as a recovery strategy; and multiple pathways to long-term recovery.

Objectives: Participants will:

- Be aware of the limitations of the acute-care model.
- Be aware of strategies to shift from an acute-care model to a recovery-oriented system of care.
- Be aware of the 3 phases of recovery management and the unique role of the recovery coach.

SPONSORED BY SCATTC

W2 WELLNESS FOR THE PROFESSIONAL

Leslie Meadows, MS, Associate Director, Alabama Training Institute

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: The field of addiction can be highly demanding on the professionals serving this population. Addiction professionals face the challenges of working with individuals who often are at the height of emotional, social, financial, and physical pain. Our clients' personal tragedies can impact our wellbeing and take a toll on our personal lives. This course will discuss the importance of maintaining balance in our professional and personal lives. We will explore ways to process traumatic exposure and identify ways to reduce the impact of daily stressors. Through discovering strategies to build positive and healthy lifestyles, we will learn the benefits of making self-care a priority.

Objectives: Participants will:

- Learn to identify daily stressors.
- Learn how to effectively process their stressors.
- Understand the impact of vicarious trauma.
- Discover strategies for a healthy lifestyle.
- Develop a wellness plan for life.

W3 LIFESKILLS TRAINING CURRICULUM OVERVIEW

Alan Nichols, Ph.D., LCSW, Executive Director, School Alliance
Barry Riddle, MA, Director, Youth Tobacco Prevention, ADPH
Faye Royal, MA, Area III Tobacco Coordinator, ADPH
Betsy Jones, BA, Youth Mini-Grant Coordinator, ADPH

Target Audience: Prevention Professionals, Educators, Law Enforcement Officials, Community Coalition Leaders and others who are responsible for the planning and delivery of substance abuse prevention programs and strategies

Description: Course is designed to review the background theory, research and rationale behind the LifeSkills Training program; familiarize participants with the LifeSkills curriculum; teach participants the skills needed to successfully conduct the LifeSkills Training program; discuss practical implementation issues; and provide an opportunity to practice teaching selected portions of the LifeSkills curriculum.

Objectives: Participants will:

- Review the LST curriculum materials and become familiar with content and key instructional elements.
- Examine the LST scope and sequence.
- Apply the research and theoretical foundations of the program to teaching practice.
- Demonstrate the ability to implement the LST curriculum with fidelity.
- Identify strengths and challenges to implementing the LST program.

SPONSORED BY ALABAMA DEPARTMENT OF PUBLIC HEALTH

Offered Thursday only.

Note: Pay close attention not to sign up for courses that will overlap.

TH1 HOW TO HANDLE DIFFICULT PEOPLE: WORKING WITH PEOPLE MAY BE DIFFICULT – NOT IMPOSSIBLE!

Sharleen Smith, Associate Director, Alabama Training Institute

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, Counselors, Church and Religious Professionals, and other related human services professionals.

Description: Theodore Roosevelt said, "The most important single ingredient in the formula of success is the knack of getting along with people." Yet, at the workplace we encounter many difficult situations. How can we maintain integrity and professionalism in the midst of possible conflict? Working with difficult people is hard but not impossible. In this training seminar, we will look at the adverse effects of working with others that put us into our stress mode. We will carefully examine the six areas that need to be considered before we take any action. The top ten communication skills involved in conflict resolution will be addressed. We will complete the training with the characteristics of difficult people and how to address each type. Learn how to assess your situation when confronted with a difficult situation involving others. This training will involve fast paced learning, self assessments, discussions and humor.

Objectives: Participants will:

- Recognize the difference between a terminally difficult person and someone having a bad day.
- Examine affects of difficult situation on their personal and professional lives.
- Understand the six important considerations in dealing with difficult situations.
- Be aware of the ten keys to communicating during conflict and confrontation.
- Recall ways to handle the seven "characters" of difficult people.
- Learn how to communicate to improve relationships.
- Develop an action plan for the difficult people in your life.

TH2 BREAKING THE CYCLE OF ADDICTION

Robert Neri, Chief Clinical Officer, WestCare Foundation

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, Counselors, Church and Religious Professionals, and other related human services professionals.

Description: This course will focus on understanding deprivation and dependency as precursors to experiencing a substance abuse problem. Children who are reared in a cycle of abuse develop certain coping mechanisms as survival skills. By understanding the process, skilled helpers can facilitate the proper intervention to change these pattern behaviors.

Objectives: Participants will:

- Be able to define dependency and deprivation.
- Identify states of the WAR (World of Abnormal Rearing) cycle.
- Be able to list clinical interventions to break the cycle.

TH3 A RECOVERY REVOLUTION: HOW TO DEVELOP A RECOVERY-ORIENTED SYSTEM OF CARE

Mark Sanders, LCSW, CADC

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: This workshop focuses on helping clients achieve long-term recovery by shifting from an acute-care model to a recovery-oriented system of care. Other topics include: 3 phases of recovery management; strategies for improving retention and decreasing drop-out rates; helping clients develop recovery capital as a recovery strategy; and multiple pathways to long-term recovery.

Objectives: Participants will:

- Be aware of the limitations of the acute-care model.
- Be aware of strategies to shift from an acute-care model to a recovery-oriented system of care.
- Be aware of the 3 phases of recovery management and the unique role of the recovery coach.

SPONSORED BY SCATTC

TH4 PREPARING FOR THE SUBSTANCE ABUSE PREVENTION CERTIFICATION EXAM

Mike McLemore, McLemore Consulting

Target Audience: Prevention Professionals, Educators, Law Enforcement Officials, Community Coalition Leaders and others who are responsible for the planning and delivery of substance abuse prevention programs and strategies.

Description: This course provides learning and practice within the five prevention competency domains covered on the written test (i.e., the IC&RC exam) for certification. Many prevention professionals have limited knowledge and experience in certain competency domains. This course helps participants to gain an overview of the key elements, skills and knowledge areas of each of the five domains, and some practical application in each domain.

Objectives: Participants will:

- Identify the five prevention competency domains.
- Learn skills in each competency domain.
- Be able to apply knowledge in each competency domain.
- Understand the structure of the ICRC exam and criteria for certification.

SPONSORED BY AADAA AND MCLEMORE CONSULTING

Offered Friday only.

Note: Pay close attention not to sign up for courses that will overlap.

F1 HOW TO HANDLE DIFFICULT PEOPLE: WORKING WITH PEOPLE MAY BE DIFFICULT – NOT IMPOSSIBLE!

Sharleen Smith, Associate Director, Alabama Training Institute

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, Counselors, Church and Religious Professionals, and other related human services professionals.

Description: Theodore Roosevelt said, "The most important single ingredient in the formula of success is the knack of getting along with people." Yet, at the workplace we encounter many difficult situations. How can we maintain integrity and professionalism in the midst of possible conflict? Working with difficult people is hard but not impossible. In this training seminar, we will look at the adverse effects of working with others that put us into our stress mode. We will carefully examine the six areas that need to be considered before we take any action. The top ten communication skills involved in conflict resolution will be addressed. We will complete the training with the characteristics of difficult people and how to address each type. Learn how to assess your situation when confronted with a difficult situation involving others. This training will involve fast paced learning, self-assessments, discussions and humor.

Objectives: Participants will:

- Recognize the difference between a terminally difficult person and someone having a bad day.
- Examine affects of difficult situation on their personal and professional lives.
- Understand the six important considerations in dealing with difficult situations.
- Be aware of the ten keys to communicating during conflict and confrontation.
- Recall ways to handle the seven "characters" of difficult people.
- Learn how to communicate to improve relationships.
- Develop an action plan for the difficult people in your life.

F2 ILLICIT DRUGS 101

Sylinda Daniel, BS, ICPS, CPM, Consultant

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: This course will provide participants with an understanding of the different illicit drugs and their side effects, as well as the latest statistics and trends. Participants will also learn the latest slang for these drugs. Finally, participants will be familiarized with the different prevention website "tools" that are currently available.

Objectives: Participants will:

- Learn the different classifications and CSA Schedules of illicit drugs.
- Learn slang that is used by youth in reference to illicit drugs.
- Learn the latest trends that youth, adults, and businesses are using to promote drug use.
- Learn up-to-date statistics regarding illicit drugs.
- Be able to familiarize themselves with the latest website resources available to prevention professionals.

F3

PREVENTION ETHICS

Mike McLemore, McLemore Consulting

Target Audience: Prevention Professionals, Educators, Law Enforcement Officials, Community Coalition Leaders and others who are responsible for the planning and delivery of substance abuse prevention programs and strategies.

Description: Prevention professionals need a model for ethical decision-making and practice. An ethical decision model will be taught and participants will be intensely involved in working through relevant case studies using the model. Participants will be prepared to address emerging issues using this model.

Objectives: Participants will:

- Be able to describe a model for ethical decision-making.
- Use the model with case studies.
- Learn specific principles for a learning community.
- Be able to develop case studies.
- Develop a plan to implement the training locally.

SPONSORED BY AADAA AND MCLEMORE CONSULTING

F4

ALABAMA PRISONER RE-ENTRY PROGRAMS

Elana M. Parker, Re-entry Coordinator/Public Health Liaison
AL Dept. of Corrections/AL Dept. of Public Health
Darrel Morgan, Program Director – LIFE Tech Transition Center
AL Board of Pardons and Parole
Jeffrey Williams, Director – Community Corrections Program
AL Department of Corrections
Vickie Locke, Program Coordinator – Community Partnerships
for Reentry and Recovery
Ronald Douglas, Re-entry Designee – AL Dept. of Correction
St. Clair Prison
Meta Eatman, Community Resource Officer – State of
Alabama Board of Pardons and Parole

Target Audience: Law Enforcement Professionals, Criminal Justice Workers Social Workers, Drug Treatment Counselors, Community Re-entry Programs, Faith-Based Organizations, Social Service Agencies, Case Managers, Community Outreach Workers

Description: This workshop is designed to provide a comprehensive overview of prisoner re-entry programs in Alabama. The Alabama Department of Corrections has recently embarked on several initiatives to assist inmates with a successful reintegration back into society. There are a multitude of issues that impact prison overcrowding and recidivism rates statewide. This workshop aims to provide comprehensive information on how successful prisoner re-entry can ultimately impact public safety, decrease prison recidivism rates, decrease homeless rates, increase employment and offer a higher quality of life for newly released offenders.

Objectives: Participants will:

- Learn how the Alabama Dept. of Corrections is preparing inmates for reentry back into the community.
- Learn about Community Corrections and statewide diversion programs.
- Learn about the Life Tech Transition Centers.
- Learn about the law enforcement supervision and monitoring practices that impact community reentry services.
- Discuss collaborative partnerships with other government and law enforcement agencies that support reentry initiatives.
- Learn how to engage in statewide community partnerships that support reentry and recovery.

SPONSORED BY ALABAMA DEPARTMENT OF CORRECTIONS

TWO DAY COURSES

TUESDAY AND WEDNESDAY COURSES (TW)

TW1

THE TROUBLED EMPLOYEE

Mary Lee Zawadski, CAP, ICADC
International Consultant, Speaker and Educator

Target Audience: Supervisors of employees needing guidance and education as to how to work with the troubled employee.

Description: This course will focus on the many ways employees can be troubled in their own mind and spirit and/or body. Learn how this population can affect the workplace and the co-workers in all facets of business. An overview of different case management styles and what has worked and has not worked for the business world will be discussed. Case planning and modalities of assistance for the supervisors will be discussed.

Objectives: Participants will:

- Learn to identify the troubled employee.
- Learn to recognize when an intervention or other source of assistance is necessary.
- Understand the importance of getting the troubled employee assistance.
- Learn to have resources for referrals and assistance to the supervisors and the employees.
- Understand and demonstrate what an intervention process is.

TW2

TRAUMA IN ADDICTION/SURVIVORS

Frank Barker, LPC, MAC, CS, CSAT

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: The Survivor's Workshop is designed to assist participants in recognizing and understanding "core issues" that are often barriers to recovery. These issues often involve childhood trauma and abuse and can be a hidden source of relapse. Once these issues are confronted, the healing can begin as the client recognizes and experiences the intense emotions associated with childhood trauma. The workshop will also focus on family origin issues such as codependency, the nature of abuse, parenting styles, post-induction therapy, personal recovery, EMDR and other trauma treatment techniques.

Objectives: Participants will:

- Recognize and understand core issues that are often barriers to recovery.
- Confront issues and allow healing to begin as client recognizes and experiences the intense emotions associated with childhood trauma.
- Focus on family origin issues as codependency, the nature of abuse, parenting styles, post induction therapy, person recovery, EMDR, and other trauma treatment techniques.



Prevention. Treatment. Recovery.

TW3 MOTIVATIONAL ENHANCEMENT COGNITIVE BEHAVIORAL THERAPY: AN EFFECTIVE ADOLESCENT TREATMENT APPROACH

Marvin E. Coleman, MA, Vice President of Community Relations, Operation PAR
National Trainer in Motivational Enhancement Cognitive Behavioral Therapy and Family Support Network.

Target Audience: Substance Abuse Professionals from entry level to Clinical Supervisors working with adolescents and adults.

Description: A two-day overview that includes information on the development and application of motivational enhancement therapy (MET). This twelve to fourteen-hour curriculum is designed to provide alcohol and other drug counselors with the knowledge and tools necessary for motivational interviewing. The curriculum is divided into an Introduction and four Content Sections: 1. Basic Principles and Rationale of Motivational Enhancement Therapy, 2. Clinical Considerations, 3. The Two Phases of Motivational Enhancement Therapy: Motivational Interviewing, and 4. Real life Practice and Role-play.

Objectives: Participants will:

- Become familiar with the research that supports the validity and reliability of these methods.
- Be able to define the five basic strategies of MET.
- Recognize the acceptable application of MET strategies.
- Define fidelity regarding the delivery of CBT sessions.
- Be able to differentiate between the confrontational and motivational models.

SPONSORED BY SCATT

TW4 ALABAMA'S DRUG COURTS: PARTNERING ADVOCACY AND ACCOUNTABILITY

18th Judicial Circuit Court Judge Michael Joiner and members of the Shelby County Drug Court team

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: This course will provide an overview of the unique relationship between the justice system and the treatment community created by Drug Courts and examine what interventions work best when serving drug-affected offenders.

Objectives: Participants will:

- Examine the concept, components, and benefits of Drug Courts and how they differ from traditional courts.
- Examine the recent growth and advancements of Drug Courts in the state.
- Meet the members of a typical Drug Court team, identify the roles and responsibilities of each, and explore their non-adversarial relationship.
- Learn the best methods to serve the Drug Court population and address the specific challenges they pose.
- Hear personal success stories from Drug Court graduates

SPONSORED BY ALABAMA ADMINISTRATIVE OFFICE OF COURTS

TW5 CLINICAL COMPETENCIES – THE “NUTS & BOLTS”

Robert Neri, Chief Clinical Officer, WestCare Foundation

Target Audience: Clinical Introductions for counselors (not supervisors).

Description: This is a clinical introduction for counselors (not supervisors), to the transdisciplinary foundations contained in CSAT's Tap 21. The training will outline the knowledge, skills and attitudes needed to achieving and practicing the competencies as additions counselor. The Transdisciplinary Foundations identify the knowledge and attitudes that underlie competent practice not just for counselors but for addiction specialist in other disciplines as well. Functional skills may vary across disciplines, but the knowledge and attitudes provide a basis of understanding common to all addictions professionals that serve as a prerequisite to the development of competency in each discipline

listed: Understanding Addiction, Treatment Knowledge, Application to Practice, and Professional Readiness.

Objectives: Participants will:

- Become familiar with the TAP 21 and do a self-assessment using the ATTC rubric.
- Be familiar with the Addiction Counselor Competencies: The Knowledge, Skills and Attitudes of Professional Practice.
- Increase ability to assess counselor proficiencies in each competency.
- Build skills in designing professional development plans to improve counselor job performance.
- Have the ability to visualize progressive levels of developing competencies.
- Become familiar with two models for assessing counselor competencies.

TW6 ANGER AND ADDICTION: DOUBLE TROUBLE IN RELAPSE PREVENTION

Gary K. Byrd, M.Ed., MAC, CCS, CAMS

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: According to Marlatt and Gordon, 2005, and Lowman, Allen, & Stout, 1996, negative emotional states were the best predictor of relapse. Anger is one of the major negative emotional states faced by individuals with addictive disorders. Addiction and anger feed each other in a never-ending cycle that keeps one from experiencing quality and lasting recovery. We have all heard about the DRY DRUNK; most people who experience this condition have unresolved anger that keeps them from enjoying and growing in their recovery. This session will provide tools for clinicians to work more effectively with clients who are experiencing concurrent addiction and anger problems.

Objectives: Participants will:

- Describe the addiction and anger connection.
- Explain the similarities of addiction and anger.
- Examine the neurological processes of anger and addiction.
- Utilize cognitive therapy and mindfulness therapies in the treatment of concurrent addiction and anger.
- Develop relapse prevention strategies for addiction and anger.

TW7 PSYCHOLOGY, SPIRITUALITY AND TRUE HAPPINESS

Cardwell C. Nuckols MA, PhD

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: Every commercial sells happiness – if only it was as simple as Viagra, a new car, new house or more money. This personal and professional development skills training utilizing integrated multiple pathways leading one toward true happiness. Developed from the lost discipline of Christian contemplative practice, this powerful approach incorporates current understandings of psychology, neurobiology and monastic contemplative approaches to permanently dissolve aspects of the false-self (ego). This dissolution of emptying of self opens one up to spiritual healing. This realization is the key to serenity and selfless service – sources of true happiness.

Objectives: Participants will:

- Understand the psychology of programs for happiness developed during the early years of a child's life.
- Discuss the process of permanently deleting the negative effects of these instinctual programs utilizing psychoeducation and contemplative strategies.
- Describe strategies allowing for access to right hemisphere silence serenity.
- Understand the contemplative techniques such as centering prayer, centering gaze and the prayer of quiet.
- Understand how contemplative practice creates a path toward serenity and true happiness equaling those described by other spiritual traditions such as Buddhism and Hinduism.

SPONSORED BY CSAT

TW8 AN OVERVIEW OF THE CURRENT SUBSTANCE ABUSE SERVICES STANDARDS 2009

Robert Wynn, Treatment Director
Maranda Brown, Adult Services Coordinator
Barbara Jackson, Co-Occurring Services Coordinator
Tammy Peacock, Adolescent Services Coordinator
Alabama Department of Mental Health and Mental Retardation, Substance Abuse Services Division

Target Audience: Substance Abuse and Chemical Dependency Professionals.

Description: This two-day course is designed to provide an up-to-date overview of current Department of Mental Health and Mental Retardation, Substance Abuse Service Division Certification Standards.

Objectives: Participants will:

- Become familiar with all changes to the certification standards.
- Be given an overview of the changes to the Adult, Adolescent, and Methadone Maintenance services standards.
- Become familiar with the Adult and Adolescent Co-Occurring Disorders Services Standards.
- Be afforded the opportunity to ask clarifying questions to the coordinators of the SASD concerning the standards.

SPONSORED BY THE ALABAMA DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION, SUBSTANCE ABUSE SERVICES DIVISION

TW9 SOCIAL AND MULTICULTURAL DIVERSITY AWARENESS IN SPECIAL POPULATIONS OF SUBSTANCE ABUSERS

Elana M. Parker, M.Ed, MLAP, Re Entry Coordinator/Public Health Liaison, Alabama Department of Corrections/Alabama Department of Public Health
Ronald Douglas, MA, CCJP, ADC, Drug Treatment Supervisor, Alabama Department of Corrections – St. Clair Prison
Anthony O. Morris, LMFT, MLAP, CAC, Executive Director, Jefferson County AIDS in Minorities
John Hankins, RN, MBA, State Nursing Director, Alabama Department of Public Health

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: This course will provide a comprehensive multicultural overview on diversity issues and gender responsive strategies for addressing the social needs of special populations of substance abusers. Information will be provided on the Hispanic/Latinos, Incarcerated/Ex-Offenders, Men Who Have Sex with Men, Trans-gendered Persons and Sex Workers.

Objectives: Participants will:

- Learn about the social characteristics and cultural dynamics of the targeted subpopulations.
- Brainstorm options for ensuring that agency programs and services are culturally sensitive.
- Identify barriers to accessing health care and social service resources.
- Discuss gender sensitive and therapeutic treatment strategies.
- Identify the availability or lack of specialized community resources.

SPONSORED BY ALABAMA DEPARTMENT OF CORRECTIONS AND ALABAMA DEPARTMENT OF PUBLIC HEALTH

TWO DAY COURSES

THURSDAY AND FRIDAY COURSES (TF)

TF1 ISSUES IN SUPERVISION: NEW DOMAINS, NEW EXPECTATIONS AND ETHICAL CHALLENGES

Sheldon L. Rosenzweig, MA LPC CCS-LPC
Carl Shantzis, Ed.D., CSAAPC

Target Audience: Substance Abuse and Chemical Dependency Professionals preparing to take the ICRC/AODA International Written Clinical Supervisor Examination for the Certified Clinical Supervisor Credential and other interested Substance Abuse Professionals.

Description: Participants will learn, through lecture and interaction about the ongoing challenges and expectations of clinical supervision. Though primarily a substance abuse treatment issue, based on the new domains of the ICRC Job Task Analysis both Prevention and Co-occurring issues will be integrated, as well as the impact of ASAM criteria on the supervisory role.

Objectives: Participants will:

- Be introduced to the new Job Task Analysis.
- Share perspectives on supervision through experiential activities
- Discuss differing requirements of supervision in Prevention and Treatment
- Examine the role of ethics and ethical challenges in the supervisory role

SPONSORED BY AADAA

TF2 DOUBLE TROUBLE: THE HIV SUBSTANCE ABUSE CONNECTION

Thurston S. Smith, ICADC, NCAC

Target Audience: Prevention Professionals, Educators, Law Enforcement Officials, Community Coalition Leaders and others who are responsible for the planning and delivery of substance abuse prevention programs and strategies.

Description: This 2-day skills building workshop will provide participants with an overview of HIV transmission, and explore the unique relationship between substance abuse, chemical dependency, and HIV infection. The psychosocial aspects of both illnesses, HIV and chemical dependency, will be discussed in interactive fashion. Attitudes, beliefs, and lifestyles, with an emphasis on values, will be explored in user-friendly format. Other social and cultural aspects that influence behaviors will be examined as well. "It's not who you are, but what you do," that places people at risk for HIV infection, but knowledge influences behavior. The presenter will help participants apply practical knowledge into useful behavioral practices.

Objectives: Participants will:

- Identify high-risk behaviors that lead to substance abuse and HIV infection.
- Explain the correlation between substance abuse and HIV transmission.
- Differentiate between addiction and substance abuse.
- Explain psychosocial factors influencing HIV and substance abuse.
- With clarity, define and discuss the modes of HIV transmission.

TF3 SUICIDE PREVENTION

Cardwell C. Nuckols MA, PhD

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: More than 30,000 people in the US die by suicide every year. It is this country's 11th leading cause of death, and the third leading cause of death among people ages 15-24. Suicide is not about wanting to die, but about a powerful need for pain to end. People choose suicide because they feel unable to cope with feelings of pain, hopelessness, helplessness, isolation, and uncertainties. Studies indicate that the best way to prevent suicide is through early recognition and treatment of depression and other illnesses such as addiction that leads to suicidal tendencies.

Objectives: Participants will:

- Understand the actuarial prediction model for suicide prevention.
- Learn key questions that can be asked as a part of an assessment.
- Understand the process of contracting with a potentially suicidal client.
- Learn various aspects of prevention strategy including, environment, psychotherapy and pharmacotherapy.
- Describe how a psychological autopsy might be preformed.

SPONSORED BY CSAT

TF4 WHAT WORKS IN TEACHING ADDICTION AS A BRAIN DISEASE: SNAP, CRACKLE AND POP...!

George S. Braucht, M.S., Principle Consultant,
Brauchtworks Consultation & Training Program Specialist,
The Georgia State Board of Pardons & Paroles

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: Experience the "Master Recovery Center's Education Session I: Why can't addicts just quit?" demonstration of several potentially difficult concepts: how drug use causes brain/behavior changes, how addiction develops, and why treatment is often essential for recovery. Workshop participants will understand "What Works" psychoeducation principles for motivating treatment engagement and recovery.

Participants are encouraged to bring their laptop with Powerpoint.

Objectives: Participants will:

- Understand three core principles of effective psychoeducation drawn from many decades of motivation and learning research,
- Experience several fundamental addiction-as-a-brain-disease concepts that promote long-term retention of the concepts, and
- See a variety of motivational techniques that enhance client and significant others' participation and retention in treatment.
- Understand how prolong drug use changes brain circuitry.
- Learn to use the features of PowerPoint to create exciting and effective presentation.

TF5 EMBRACING A NEW MEDICATION OPTION – COUNSELING MEETS NEUROSCIENCE

Dr. Greg Sullivan, MD and Julian Duke Ridolphi, LPC, MLAP

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: There is a lot of resistance to using replacement therapy and harm reduction therapy in addiction treatment today. Those of us who are recovering professionals do not warm up to this notion easily. In our new millennium we must learn to think outside the box and become creative to solve complex addiction problems. This course will present how medicine and neuroscience can work with the counseling professional to help the client to recover from addiction successfully. We will attempt to answer the question: What does recovery look like?

Objectives: Participants will:

- Learn about Brain Chemistry and Addiction, Brain Chemistry and Detox, and Brain Chemistry and Recovery.
- Understand neuroscience/neurochemistry as it relates to recovery.
- Understand how Suboxone/Buprenorphine can be a tool in early recovery from opioid dependence.
- Learn how Prometa can assist in recovery from alcohol, cocaine, and methamphetamine.
- Learn how counseling wraps around the medical intervention as a driving force to recovery.

TF6 UNDERSTANDING AND UTILIZING ASAM PLACEMENT CRITERIA IN THE TREATMENT SETTING

Barbara R. Zander, M.A, CACII, CCS, CMOTC

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: This course will be a combination of didactic and experiential learning. The primary focus will be to gain a comprehensive understanding of both the five basic levels of care and the criteria dimensions outlined in ASAM PPC-2R in order to provide better treatment strategies and enhanced outcomes for the substance abuser.

Objectives: Participants will:

- Be able to identify the five basic levels of treatment in the ASAM PPC-2R.
- Understand and utilize the crosswalk for appropriate patient placement.
- Examine existing treatment availability within the community to support the ASAM criteria.
- Compare assessment tools and ASAM compatibility.

SPONSORED BY THE ALABAMA DEPARTMENT OF MENTAL HEALTH AND MENTAL RETARDATION, SUBSTANCE ABUSE SERVICES DIVISION

TF7 ADDRESSING CO-OCCURRING ISSUES OF DOMESTIC VIOLENCE AND SUBSTANCE ABUSE IN VICTIMS

Emily Kelly, LBSW, LPC and Kathy Wells, MPA

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: Working together, substance abuse treatment providers and domestic violence services programs can develop active collaborations that address the co-occurring issues of domestic violence and substance abuse in ways that promote safety and sobriety. This course will explore ways in which to develop and enhance these collaborations.

Objectives: Participants will:

- Understand the literature and research findings on the co-occurrence of domestic violence and substance abuse.
- Understand the relationship between domestic violence and substance abuse.
- Understand the risk factors in traditional advocacy and treatment programs.
- Explore strategies that integrate prevention, screening, and intervention for domestic violence and substance abuse into treatment and service provision.
- Examine the elements of a model protocol for working with battered women impacted by substance abuse.
- Discuss the elements of an active collaboration with substance abuse treatment providers and domestic violence services providers.

SPONSORED BY THE COALITION AGAINST DOMESTIC VIOLENCE

TF8 BAILING OUT MADE GOOD: MOTIVATIONAL INTERVIEWING

David E Duresky M.A., MIA-STEP Certified

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: Motivational Interviewing, also known as Motivational Enhancement Therapy, seeks to evoke from clients their own motivation for

change and to consolidate a personal decision and plan. The approach is largely client centered, although planned and directed. The goal of MI is to enhance intrinsic motivation to change by exploring and resolving ambivalence. It has demonstrated success in working with both resistant and ambivalent clients and populations. MI is an Evidenced Based Practice that has been fully endorsed and backed by federal, state and local entities to improve treatment outcomes. The MIA-STEP model will be used for training structure.

Objectives: Participants will:

- Identify the key elements related to change and success.
- Identify research related to the model's efficacy.
- Identify and apply The Five Stages of change.
- Identify the Ten MI Consistent Items and the Five MI Inconsistent Items.
- Demonstrate Application and Understanding of the MI Skills through group activities.

SPONSORED BY SCATTC

FOUR DAY COURSES

TWTF1 AN ADVANCED PRIMER ON ADDICTION PHARMACY: WHAT BEHAVIORAL HEALTHCARE PRACTITIONERS NEED TO KNOW

Merrill Norton D.Ph., NCAC II, CCS
Clinical Assistant Professor,
University of Georgia College of Pharmacy, Athens, Georgia

Target Audience: Substance Abuse and Chemical Dependency Professionals, Social Workers, Probation and Parole Officers, Community Corrections Professionals, Court Referral Officers, Drug Court Professionals, Juvenile Justice Professionals, and other related human services professionals.

Description: Medications have become an integrated component in the treatment of addictive disease as there is a new specialty in healthcare; Addiction Pharmacy. Addiction Pharmacy is the "know how" of the use of antidepressants, anti-craving, anti-psychotics, anti-anxiety, anti-manic, ADHD, and many others in the recovering patient. Dr. Norton has been involved with the development of addiction pharmacy for the last two decades and will bring to the participants a "down to earth" explanation of the how and why of these medications. You might also have a little fun too.

Objectives: Participants will:

- Understand the neurobiology and pharmacology of the current psychotropic medications used in the co-occurring treatment industry.
- Become familiar with the latest use of medication in the chronic pain patient.
- Learn the latest clinical diagnostic criteria for anxiety, mood, and psychotic disorders.
- Learn the latest use of pharmacotherapies for nicotine, drug, and alcohol dependencies.

TWTF2 ADOLESCENT GROUP TECHNIQUES THAT REALLY WORK

John Pittman Mullins MEd., MLAP, ICADC

Target Audience: Any therapist (Child, Adolescent, Adult), Prevention Workers, School Guidance Counselors, Teachers (Mainstream or Alternative), Camp Workers, Case Managers, Outpatient, Residential and Corrections.

Description: How can you have loads of fun and challenge yourself to improve your group skills? Can you harness the power of your group to effect change in the individual? How does one use the groups' values instead of the facilitator? Would you like to have a great list of facilitation questions to use with your group? How does one effectively use Reality Therapy statements "that work" on the acting out client/student? How do you get out of the didactic dead zone where group members look like zombies? How do you make learning and the need to change experiential? Would you like to enhance the willingness of each client/student with multiple games and initiatives to use in your group setting? **DRESS TO PLAY. WEAR SUPPORTIVE TENNIS SHOES.**

Objectives: Participants will:

- Understand the core theories of group dynamics.
- Learn practical use of "Reality Therapy" for acting out clients (adolescents and adults).
- Gain the principles of "Positive peer Culture" to effect therapeutic change.
- Grasp the importance of creating your own "Bag of Tricks" (e.g., props, toys, storytelling, analogies, metaphors) which can effect positive change to the individual and group.
- Learn "how to" use the Individual and Group Value Contracting, Group Standards, Group Routine and Order within any short or long term group.

SPONSORED BY PITTDOTSAP,LLC AND CHALLENGES INC.

ASADS PARTICIPATING SPONSORS

- ◆ Center for Substance Abuse Treatment ◆ Coalition Against Domestic Violence ◆ Alabama Department of Corrections ◆ PittDotSap, LLC and Challenges Inc
- ◆ Southern Coast ATTC ◆ Alabama Department of Mental Health and Mental Retardation, Substance Abuse Services Division ◆ Alabama Board of Pardons and Parole
- ◆ Alabama Department of Public Health ◆ AADAA
- ◆ Madison County Mental Health Center
- ◆ McLemore Consulting

COME JOIN THE FUN!
BARBECUE AND MUSIC
WEDNESDAY
5:30PM

Live Band
"SIMPLE INTERST"





2009 CARL NOWELL LEADERSHIP AWARD FOR OUTSTANDING LEADERSHIP IN THE FIELD OF PREVENTION, TREATMENT AND/OR RECOVERY



The ASADS Board is now accepting applications for the 2009 Carl Nowell Leadership Award, to be presented at the 34th Annual Conference in Tuscaloosa, AL, March 22 - 25, 2009. All practicing professionals in the areas of substance abuse prevention, treatment and/or recovery are encouraged to submit nominations for the award, to be received **no later than February 1, 2009**.

The ASADS Award Committee will review nominations and will recommend candidates to the Board for consideration. The Awards Committee may choose to make, if appropriate, more than one recommendation to be determined by the Board. The recipient will be notified in sufficient time to allow them to attend the presentation.

Submission paper must be typed and contain all the information outlined below to be considered for this award.

Nominee

Full Name, Title, Organization, Address, Telephone, Email Address and Contributions:

Fully considering the long standing impact in the substance abuse prevention, treatment, recovery and support services field, what are at least three contributions that the nominee has made during their career.

Achievement:

Name achievements that have been given to the nominee during their career in the substance abuse prevention, treatment, recovery and support services field.

Service and Leadership:

List committees, taskforces, boards, associations or organizations indicating service to and leadership in the substance abuse prevention, treatment, recovery and support services field. List positions that have been held by the nominee.

References:

List name and direct contact information of at least three other professionals who would also testify to the leadership of the nominee.

Nominator

Full Name, Title, Organization, Address, Telephone Number, and Email

MAIL NOMINATIONS TO:

**Sharleen Smith
400 South Union, Suite 100
Montgomery AL 36104**

OR EMAIL NOMINATIONS TO: ssmith@ati.aum.edu

For questions, please call Sharleen Smith at 334-328-0171.

REGISTRATION FORM

Alabama School of Alcohol and other Drug Studies
P.O. Box 19154, Birmingham, AL 35215, or fax to (205) 221-1802

Name _____ S.S.# _____
Last First M.I. last four digits

Preference on Name Tag: _____ Title _____

Business _____ Phone _____ Fax _____

Address _____ City _____ State _____ Zip _____

E-mail _____ T-Shirt Size: Circle one: **S M L XL XXL XXXL**

ASADS is committed to complying with requirements of the Americans with Disabilities Act. Please make your request for accommodation at least 30 calendar days in advance of program date, by stating your request here.

MULTIPLE COURSE OPTIONS: Please enter your 1st, 2nd, and 3rd choices.

Enter the corresponding course numbers listed in the brochure for each course you wish to attend.

HOW MANY TOTAL DAYS DO YOU PLAN TO ATTEND THE CONFERENCE? _____

ONE DAY COURSES:

LIST COURSE NUMBERS

Note: Pay close attention not to sign up for courses that will overlap.

Tuesday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Wednesday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Thursday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

Friday 1st Choice _____ 2nd Choice _____ 3rd Choice _____

TWO-DAY COURSES:

LIST COURSE NUMBERS

(Tuesday and Wednesday) 1st Choice _____ 2nd Choice _____ 3rd Choice _____

(Thursday and Friday) 1st Choice _____ 2nd Choice _____ 3rd Choice _____

TWO-DAY COURSES:

LIST COURSE NUMBERS

Tuesday, Wednesday, Thursday, Friday _____ 1st Choice _____ 2nd Choice _____

4 DAY ATTENDANCE FEE \$320.00

3 DAY ATTENDANCE FEE \$240.00

2 DAY ATTENDANCE FEE \$160.00

1 DAY ATTENDANCE FEE \$80.00

FINANCIAL ARRANGMENTS should be made prior to February 22, 2009.

AFTER FEBRUARY 22, 2009, AN ADDITIONAL \$50.00 LATE FEE MUST BE INCLUDED.

I verify that payment will be made in the following manner:

_____ A check (made payable to the Alabama School of Alcohol and Other Drug Studies) is attached.

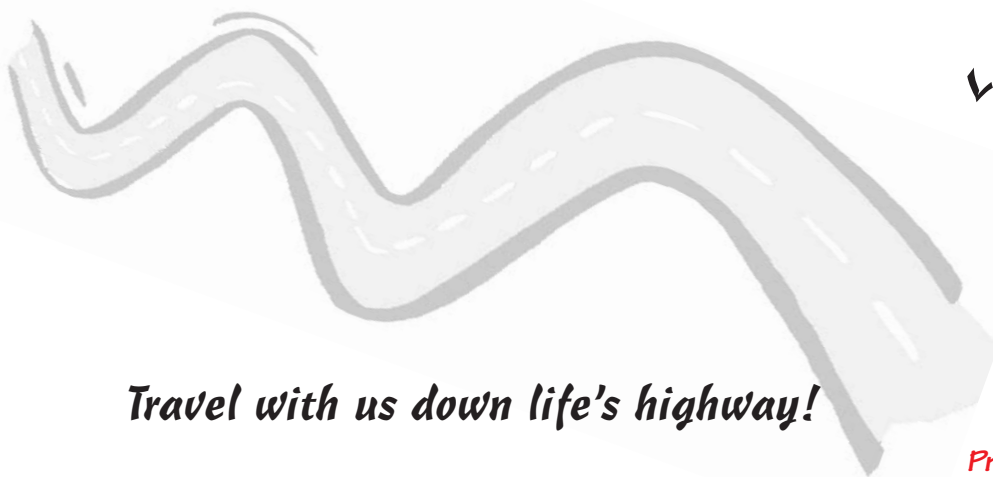
_____ A purchase order/voucher (made payable to the Alabama Alcohol and Other Drug Studies and signed by the appropriate individual authorized by the billing agency) is attached. Federal Id number is 63-1260698.

Signature of Applicant

Date

Alabama School of Alcohol and other Drug Studies
P.O. Box 19154
Birmingham, Alabama 35215

PRESORTED
STANDARD
U.S. POSTAGE
PAID
MONTGOMERY, AL
PERMIT #109



Travel with us down life's highway!



Prevention. Treatment. Recovery.